



July 17, 2008

Dear Parents and Athletes:

I hope you are all having a great summer but it's already time to be thinking ahead to fall sports. Fall sports physicals will be held on July 31, 2008 starting at 1:00 pm for boys and 2:00 pm for girls, given by Dr. John Gaddis. These physicals are at no cost but are only for students planning on playing a fall sport. Students who have Maine Care or insurance should have a physical done by their own care provider. Students who have a physician, which they see on a regular basis, are encouraged to go to their own doctor. If you have been seeing a doctor for a specific illness or problem they are better qualified to evaluate your condition.

All students need a physical examination prior to trying out for a fall sport. Physicals are good for one calendar year. For example, if you had a physical in November of last year you will not need one until November 2008. The athletic department will need to have a copy of your physical prior to tryouts. Try outs start on August 18, 2007.

Dr. Gaddis' office has requested a confirmation so please call his office if you are planning on getting a physical: 255-3338

**Important dates are listed below:**

**Physicals:** July 31, 2008 starting at 1:00 at Dr. John Gaddis office:  
1:00 Boys Soccer & Boys Golf  
1:30 Boys Cross Country & Football  
2:00 Girls Cross Country & Girls Golf  
2:00 Girls Soccer  
2:30 Volleyball

**First fall practice:** On or after August 18, 2008 coaches will contact you with the time.

<u>Coach</u>	<u>Sport</u>	<u>Number</u>
Chad Fitzsimmons	Golf	263-4914
Justin Walston	Girls Soccer	255-5962
Chris Gardner	Boys Soccer	726-4784
Christine Davis	Volleyball	255-8270
Amy Fritz	Volleyball	255-3230
Michele Lenfestey	Cross-Country	263-6241
Dan Welch	Football	255-8301 ex. 203

Sincerely,

Blaine Steeves  
Athletic Director